ENGLISH

Thank you for using our smart watch.
Important! The data provided by the smart watch, such as heart rate, blood oxygen and blood pressure, are merely indicative, it is not an exact medical measuring device.
Even if you are well, go to all the appointments scheduled by your doctor.
Recommendations for people with sensitive skin during use of electronic wrist devices, Smartwatch and Smartband.
The materials used for our Smartwatches and Smartbands are selected following a rigorous control of hypoallergenic measures, as well as guaranteeing that all materials comply with current regulations for materials in contact with the skin.
A small number of people, however, may experience some type of skin reaction.
If you suspect, or know, that you are allergic or have an above average sensitive skin type, you should monitor the use of these devices for any type of reaction due to said allergies, environmental factors or prolonged exposure to irritants, like soap, sweat, or other causes. Smartwatches and Smartbands may contain materials such as nickel and acrylates which, even though they are within the permitted amounts in the manufacturing process, may cause skin to react if you are sensitive to them.
If you use these devices for a prolonged period of time, you may be more susceptible to developing skin sensitivities. To avoid possible skin irritations we recommend you do not expose the device to chemicals or use it if your skin has, or has been recently applied with, any of the products listed below:
• Insect repellents
• Moisturizing creams and lotions
• Oils
• Perfumes
• Antiseptic gels
• Soaps
• Sun protection creams
It is recommended that the devices are used when the skin is completely dry and free of any of the aforementioned products to avoid having changing contacts and measurement sensors in contact with wet skin. They are not submersible or waterproof.
Clean the device thoroughly to remove sweat after training and allow it to dry.
Prolonged exposures to moisture can cause skin irritation.
It is also advisable not to wear these devices too tight or too loose.

If the strap is too tight, it may cause skin irritation. If the strap is too loose, chafing may occur.
The watch strap should be left so that it can move slightly back and forth on the wrist.
Keep it on the wrist for prolonged periods of time, remove it to give your skin a rest.
To avoid irritation, swap the device to your other wrist.
If you notice redness, swelling, itching or any other irritation, remove the Smartwatch immediately and consult your physician before using the device again.
Special attention must be paid to the use of these devices in places with relatively low humidity conditions.
When using the Smartwatch / Smartband in places with low relative humidity (especially with heated places, low humidity atmospheric conditions, dry indoors, if heating or air conditioning is always on, etc.), as with any other electronic device, it may be affected by charges of static electricity on rare but certain occasions. This may cause damage to the device and also to the person wearing it at that time. Static electricity is everywhere.
It surrounds us without us perceiving it.
An effective trick to avoid a high percentage of static electricity at home:
• Use a humidifier. Humidity is a good conductor of electricity therefore, by maintaining an acceptable percentage of it, we will avoid static in areas of the home where we metal objects may be found. Small containers of water on top of radiators is another alternative solution. The use of the devices in bed, whilst sleeping, is especially discouraged for children and the elderly due to the fact that repeated movements during the night may cause, through friction with sheets, blankets, etc., a swap the device to your other wrist.
If you notice redness, swelling, itching or any other irritation, remove the Smartwatch immediately and consult your physician before using the device again.Charge of static electricity. This may result in a sudden discharge of the watch's battery and/or heating of same as the human body is a conductive element and can cause a reaction to people with sensitive skin, redness, irritation, etc.
If you notice redness, swelling, itching, or any other form of irritation, remove the Smartwatch immediately and consult your physician before using the device again in case you are suffering from any type of reaction, allergic or otherwise.
Welcome to use our high-performance wrist smart watch which creates thoughtful and health experience for you

Device maintenance
Please remember the following tips when you maintain your smart watch:
- Clean the smart watch regularly, especially its inner side, and keep it dry.
- Adjust the smart watch tightness to ensure air circulation.
- Excessive skincare product should not be used for the wrist wearing the smart watch.
- Please cease wearing the smart watch in case of skin allergy or any discomfort.

Downloading and binding of smart watch APP
1. Download from Apple Store or Google play and install APP or scan QR code with mobile phone to download APP:

APP / APK: FILA S-WATCH

2. Pairing smart watch with APP:
Please do not pair the watch directly to your phone's BT.
If you have already performed this operation, please remove it from the list of paired devices as it will prevent the connection to the APP.
If you have already performed this operation, please remove it from the list of paired devices as it will prevent the connection to the APP.
2.1. Open the APP
2.2. Update your personal details (gender, birth year, etc.) and press the check mark.
Once done, grant all permissions requested by the APP.

2.3. To link the watch to your phone press "To Add".
2.4. The phone will search, and display, SW/52.
Select it to pair the watch to your phone.
Once synchronization is complete your watch will display local date and time.
2.5. When you press the watch icon (bottom middle) you will see the following screen:

Here you can set up notifications, alarms and the backgrounds you prefer to be personalized.
In "Others" you can establish time format (12/24 hours), reminders, etc.
2.6. The last icon, on the lower right, will show "My" screen. Here you can complete the details of your profile and establish your objectives.

Notes:
- Only connect the device via APP and not via the BT setting of the smartphone.
- The personal data is used to calculate the calorie consumption and distance correctly.
- You can only connect one watch via APP. The use of multiple watches with one smartphone at the same time is not supported.
- After successful connection, the date, time and weather data are transferred from the smartphone to the watch.
- Time / date cannot be set manually.

Mobile phone connection
(For calls)
If the app doesn't ask if you want to link the watch audio to via BT, do the following:
- Enter the BT option of the Phone. search and connect the audio option for the device (SW/52 Audio)

Introduction to call function
When the watch is connected to the SmartPhone, you can use the Smart Watch to make calls, answer calls, and talk from the Smart Watch itself.
Note: When you use the call function, you must make sure that the watch is linked to the SmartPhone and with a stable connection.

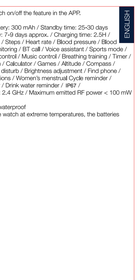
Charging the Smart Watch
Charging the device before the first time using.
To charge your device, plug the charging cable into the adaptor or USB port on your computer.
Use the touch screen

Features
Compass: Click the compass, calibrate the watch by moving it in direction of the icon.
Heart rate test: The Smart Watch could record your heart rate all day. You also could tap on the page to start measuring heart rate.
Sports: Smart Watch automatically tracks steps taken on the screen.
Note: Your movement starts reset to zero at midnight.

Training: Tap the training icon on the menu to start a new training measure recording, there are 8 sport modes to be chosen. The last training recording will be shown on the training page.
Sleep: If you keep wearing Smart Watch in your sleep, it can provide the hours slept and quality of sleep start on both the screen and the APP.
Note: Sleep start reset to zero at 8:00 pm
SpO2 test: Tap the SpO2 page to start measuring your SpO2. On the SpO2 page, It can show the SpO2 measured data of the last times.
Weather: It could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting the APP; it will not be updated after a long disconnected.
Messages reminder: The device can sync incoming notifications from twitter, Facebook, Whatsapp, Instagram, etc.
Recently 5 messages can be stored.
Note: You can switch on/off the incoming notification in the APP.
Remote Shutter: After connecting the device, you can remote control the camera on your phone.
Music player: After connecting the device, you can remote control the music player on your phone.
Other features: Other features include stopwatch, alarm, timer, brightness, mute on/off, low power mode, factory reset, power off and about.
Stop Watch: Tap the smart button on stopwatch page to start timing, and tap the button to stop timing.
Silent alarms: Set up alarm on the APP; the device will vibrate to remind on time.
Theater mode: The device will turn off vibration and brightness when theater mode is on.
Note: You can turn theater mode on/off from the control center
Blood Pressure: Enter the blood pressure data if you want to measure the current value of blood pressure. On this page you can also see the latest measured data.
Heart Rate: The Smart Watch can record your heart rate throughout the day. You can also access this option to specifically measure your heart rate.
Remind to drink: The Smart Watch will remind you "Time to drink some water" at the planned drinking time.
Note: You can set the features in the APP.
Remind to move: The device will vibrate to remind you to make a relax after 1 hour sitting.

Note: you can switch on/off the feature in the APP.
Features
GPS / BT 5.3 / Battery: 300 mAh / Standby time: 25-30 days approx. / Autonomy: 7-9 days approx. / Charging time: 2.5H / Custom watch face / Steps / Heart rate / Blood pressure / Blood oxygen / Sleep monitoring / BT call / Voice assistant / Sports mode / Weather / Camera control / Music control / Breathing training / Timer / Alarms / Stopwatch / Calculator / Games / Altitude / Compass / Barometer / Do not disturb / Brightness adjustment / Find phone / Flashlight / Notifications / Women's menstrual Cycle reminder / Sedentary reminder / Drink water reminder / etc.
BT frequency band: 2.4 GHz / Maximum emitted RF power < 100 mW
Precaution
- The watch is not waterproof
- Do not expose the watch at extreme temperatures, the batteries could explode.

Guarantee



NOTE: The Smart Watch SW/52 has a 1-year warranty from the date of purchase. Particularly important in the durability of the products are the elements that composed it and that from deterioration, loss of capacity due to their use, understood as normal wear and tear that they have capacity, especially in the case of rechargeable batteries, which largely depends on a multitude of external factors (hours of use, charge and discharge cycles, use of inappropriate chargers, temperatures of use, not respecting the recommended charging times, etc.).
For the guarantee of wear and tear parts, it must be taken into account that the loss of autonomy of the battery as a result of its aging does not imply a manufacturing defect, so it is considered normal that after 6 months have a loss of 10%, at 15 months 20% - 30% at 24 months 45%, all corresponding to proper use of the battery and the charge and discharge cycles carried out.
Any battery that presents symptoms other than those listed in this manual, will be inspected by the technical service and assessed for its affectation to guarantee, if after 24 months from its purchase the battery presents symptoms different from those detailed, it will be understood to be outside from guarantee for the reasons stated above and will be left out of the inspection process, becoming the customer who, if they so wish, must reliably demonstrate that the battery presented defects other than those detailed in this manual before those 24 months.
For the rest of the wear and tear components such as belts, their deterioration is not covered by the warranty.

Safety warnings
Important Safety Information:
Handle the Smart Watch with care.
They contain sensitive electronic components, including batteries, and may malfunction, affect performance, or cause damage if dropped, burned, punctured, crushed, disassembled, or exposed to excessive heat, liquid, or high-pressure environments, concentrations of industrial chemicals, including nearly evaporated liquefied gases such as halogen.
Do not use the Smart Band if it is damaged.
Batteries: Do not try to replace the battery of the Smart Watch by yourself, as you could damage the Smart Watch and cause overheating and injury.
Charger: Charge the Smart Watch with the charging cable and a power adaptor or a computer, charge the device only with an adapter that meets relevant national, official performance, or cause damage if standards.
Chargers may not meet applicable safety standards and their use to charge the Smart Watch may present the risk of injury or death. Only damaged cables or chargers, or charging the device if they are wet, may cause fire, electric shock, injury, or damage to the case or other belongings.
Prolonged exposure to heat: Avoid prolonged skin contact with the device, power adaptor, charging cable and its connector, or the wireless charger when connected to a power source, as this may cause discomfort or injury.
Choking hazard: The Smart Watch and the small parts included may present a choking hazard to small children or cause other injuries. Always keep them out of the reach of children.
Interference with medical devices:
The Smart Watch and charger contain components and radios that emit electromagnetic fields.
These electromagnetic fields and magnets that the device may contain may interfere with the operation of pacemakers, defibrillators, or other medical devices.
Keep a safe distance between the medical device and the Smart Watch.
Request specific information about the medical device from the manufacturer and your doctor. Stop using the Smart Watch if you suspect it is interfering with your pacemaker, defibrillator, or other medical device.

Skin irritations: The Smart Watch can cause skin irritation if not cleaned properly.
Regularly clean the Smart Watch with a soft, lint-free cloth.
In the event of any type of skin reaction, stop using the Smart Watch.
If the problem persists, see your doctor.
Electrostatic discharges: When using the Smart Watch in areas where the air is very dry, it is easy to accumulate static electricity, so you may feel a small electrostatic discharge from the Smart Watch on your wrist.
To minimize this risk, avoid using the Smart Watch in extremely dry environments, or touch a grounded, unpainted metal object before putting on the Smart Watch.
Important Driving Information:
Discoloration of the connector and the bottom of the Smart Watch after continued use is normal and harmless.
Dirt, debris, and exposure to moisture could cause discoloration.

ESPAÑOL

Gracias por usar nuestro smart watch.
Importante! Los datos proporcionados por el smart watch, tales como la frecuencia cardíaca, el oxígeno en sangre y la presión arterial, son meramente orientativos, no se trata de un aparato médico de medición exacta.
Aunque se encuentre bien acuda a todas las citas que su médico le programe.
Recomendaciones para el uso de dispositivos electrónicos de muñeca, Smartwatch y Smartband para personas con pieles sensibles.
Los materiales de nuestros dispositivos, smart watch y smart bands son seleccionados siguiendo un riguroso control de medidas hipoalergénicas, además de garantizar que todos los materiales cumplen la normativa vigente para materiales en contacto con la piel.
No obstante un pequeño número de personas pueden experimentar algún tipo de reacción cutánea.
Si Vd. Sospecha o sabe que es alérgico o tiene un tipo de piel más sensible de lo normal, debe de controlar el uso de estos dispositivos por si se produce algún tipo de reacción debido a alergias, factores medioambientales, una exposición prolongada a irritantes, como el jabón o el sudor, o otras causas.
Los smartwatch y smartbands pueden contener materiales como el Níquel y Acrilatos que aun siendo en cantidades permitidas en el proceso de su fabricación, en caso de ser sensible a los mismos podría padecer algún tipo de reacción cutánea.
Si usa Vd. este tipo de dispositivos durante un tiempo prolongado, es más susceptible de desarrollar sensibilidades cutáneas con el tiempo.
Para evitar posibles irritaciones de la piel, te recomendamos que no exponga el dispositivo a productos químicos y no lo use si su piel tiene o ha usado recientemente alguno de los productos que se indican a continuación:
• Repelentes de insectos
• Cremas y lociones hidratantes
• Aceites
• Perfumes
• Geles antisépticos
• Jabones
• Cremas de protección solar
Se recomienda usar los dispositivos cuando la piel este completamente seca y libre de cualquier producto de los antes citados para evitar que los contactos de carga de los mismos y sensores de medición, estén en contacto con la piel demasiado humeda, poniendo especial atención en los dispositivos que no son sumergibles ni impermeables al agua.
Limpie bien el dispositivo y deje que se seque bien para eliminar el sudor después de entrenar.
La exposición prolongada a la humedad puede provocar irritación de la piel.
También es recomendable no usar estos dispositivos demasiado apretado o demasiado suelto.
Si la correa está muy apretada, también puede irritar la piel. Si la correa está muy suelta, puede producir rozaduras.
La correa del reloj debe dejarse lo suficientemente suelta para que pueda moverse ligeramente hacia delante y hacia atrás en la muñeca.
No lo puede Vd. Ponerlo durante mucho tiempo, quítelo para que descanse la piel. Para evitar que se produzca irritación, puede cambiarse el dispositivo de muñeca.
Si notas rojeces, hinchazón, picor o alguna otra irritación, quítese el Smart Watch inmediatamente y consulte con el médico antes de volver a usar el dispositivo.
Especial atención debe de tenerse con el uso de estos dispositivos en lugares con condiciones de humedad relativa relativa baja.
Cuando se usan Smartwatch / Smartband en lugares con humedad relativa baja (lugares secos, poco ventilados, condiciones atmosféricas de baja humedad, sequedad del aire en interiores si tenemos la calefacción o el aire acondicionado siempre encendido, etc....) como cualquier dispositivo electrónico puede verse afectado por cargas de electricidad electrostática en inusuales pero determinadas ocasiones y producir daños en el dispositivo y así como en la persona que lo esté usando en ese momento.
La electricidad estática está en todas partes. Nos rodea y ni siquiera la percibimos.
Un truco efectivo para evitar un alto porcentaje de electricidad estática en casa:
• Tener un humidificador. La humedad es un buen conductor de la electricidad, por lo que manteniendo un porcentaje aceptable de esta, evitaremos la estática en otros rincones de nuestra casa donde tengamos objetos de metal. Unos pequeños recipientes con agua encima de los radiadores son otra solución alternativa.
Se desaconseja especialmente el uso de los dispositivos en la cama mientras se duerme, en niños y personas de edad avanzada, debido a que los repetidos movimientos durante la noche, pueden provocar mediante fricción con sábanas, mantas, etc.... una carga de electricidad electrostática, que derive en una descarga repentina de la batería del reloj con un calentamiento del mismo. Si se hace eso proceso debido al cuerpo humano como elemento conductor y puede ocasionar en personas con pieles sensibles, rojeces, irritaciones, etc....
Si nota rojeces, hinchazón, picor o alguna otra irritación, quítese el smartwatch inmediatamente y consulte con el médico antes de volver a usar el dispositivo.
Cargar la batería del Smart Watch para garantizar la circulación de aire.
• No se debe utilizar un exceso de producto para el cuidado de la piel cuando lleve puesto el Smart Watch.
• Deje de usar el smart watch en caso de alergia en la piel o cualquier molestia.

Descarga de la APP y vinculación
1. Descargue la APP desde Apple Store o Google play e instale la APP o escanee el código QR con el teléfono móvil para descargar la APP:

APP / APK: FILA S-WATCH

2. Emparejamiento del smart watch con la APP:
Por favor no enlace el brazalete al BT de su teléfono.
Si ya ha realizado esta operación, elimínelo del listado de dispositivos vinculados al BT ya que esto impedirá la conexión a través de la aplicación.
2.1. Abra la APP
2.2. Autorice todos los permisos que solicita la aplicación y actualice todos los datos personales (sexo, edad, etc...)
2.3. Pulse "Agregar" para agregar el dispositivo. Le aparecerá SW/52.
Seleccónelo y el reloj quedará vinculado a su teléfono.

Una vez vinculado el reloj mostrará la fecha y hora local.
2.4. Pulsando el icono central, en la parte inferior, accederá a la siguiente pantalla:

Aquí puede cambiar los ajustes de las notificaciones, alarmas y el fondo de pantalla. Una vez dentro, en pantalla "Otros" puede configurar el formato de hora, recordatorios, etc.
2.5. En último icono de la parte inferior la llevará a "Yo", donde podrá completar su perfil y establecer su propio objetivo.

Uso de la pantalla del reloj

Funciones:
Brújula: Haga clic en la opción brújula, mueva el reloj en la dirección del icono para calibrarla.
Frecuencia cardíaca: El Smart Watch podrá registrar su frecuencia cardíaca todo el día desde la APP.
También podrá tocar la frecuencia cardíaca puntualmente entrando en esta opción desde el Smart Watch.
Deportes: El Smart Watch realiza automáticamente los pasos realizados en la pantalla.
Nota: Tus estadísticas de movimiento se restablecen a cero a medianoche.
Entrenamiento: Toque el icono de entrenamiento en el menú para iniciar una nueva grabación de medidas de entrenamiento, hay 8 modos de deportes para elegir. Las últimas datos se mostrarán en la pantalla de entrenamiento.
Sueño: Si sigue usando el Smart Watch mientras duermes, puede proporcionar las horas dormidas y la calidad de las estadísticas de sueño tanto en la pantalla como en la APP.
Nota: Las estadísticas del sueño se restablecen a cero a las 8:00 pm.
Oxígeno en sangre: Entre en la opción de oxígeno en sangre para medir el valor actual de oxígeno en la sangre. En esta página también podrá ver los últimos datos medidos.
Tiempo atmosférico: Podrá ver la información meteorológica actual. La información meteorológica se sincroniza después de conectarse con la APP no se actualizará después de una desconexión prolongada.

Notificaciones: El dispositivo puede sincronizar las notificaciones de Twitter, Facebook, Whatsapp, Instagram, etc..
Puede almacenar los últimos 5 mensajes
Nota: Puede activar / desactivar las notificaciones entrantes desde la APP.
Cámara remota: Después de conectar el dispositivo, puede controlar remotamente la cámara de su Smart Phone.
Control de música: Después de conectar el dispositivo puede controlar a distancia el reproductor de música de su Smart Phone.
Otras características: Otras características incluyen cronómetro, alarma, cronómetro, brillo, silencio ON/OFF, modo teatro, restablecimiento de fábrica, apagado.
Cronómetro: Entre en la opción del cronómetro para cronometrar el tiempo.
Alarmas: Configure la alarma en la APP, el dispositivo vibrará cuando la hora de la alarma programada.
Modo teatro: El dispositivo apagará la vibración y el brillo cuando el modo teatro está encendido.
Nota: Puede activar/desactivar el modo teatro desde el centro de control
Presión sanguínea: Entre en la opción de presión sanguínea para medir el valor actual de la presión sanguínea. En esta página también podrá ver los últimos datos medidos.
Frecuencia cardíaca: El Smart Watch puede registrar su frecuencia cardíaca durante todo el día. También puede acceder a esta opción para medir en tiempo puntual la frecuencia cardíaca.
Recordatorio para beber: El reloj inteligente le recordará "Es hora de beber un poco de agua" a la hora planificada.
Nota: Puede configurar esta opción desde la APP.
Recordatorio de sedentarismo: El dispositivo vibrará para recordarle que debe moverse después de 1 hora sentado.
Nota: Puede configurar esta opción desde la APP.
Especificaciones
GPS / BT 5.3 / Batería: 300 mAh / Autonomía en standby: 25-30 días aprox. / Autonomía: 7-9 días aprox. / Tiempo de carga: 2.5H / Personalización de pantallas / Pasos / Ritmo cardíaco / Presión en sangre / Oxígeno en sangre / Monitor de sueño / Llamadas BT / Asistente de voz / Diferentes modos deportivos seleccionables / Tiempo atmosférico / Control de cámara / Control de música / Entrenamiento de la respiración / Hora / Alarmas / Cronómetro / Calculadora / Juegos / Altitud / Brújula / Barómetro / No molestar /

Ajuste del brillo / Encontrar teléfono / Linterna / Notificaciones / Recordatorio de ciclo menstrual / Recordatorio de sedentarismo / Recordatorio para beber agua / IP67 / Banda de frecuencia BT: 2.4 GHz / Potencia máxima RF emitida < 100 mW
Precaución
- El Smart watch no es sumergible
- No exponga el smart watch a temperaturas extremas, las baterías podrían explotar.

Garantía

NOTA: El Smart Watch SW/52 tiene 1 años de garantía desde la fecha de compra. Especial trascendencia en la durabilidad de los productos tienen los elementos que lo componen y que sufren de degradación perdida de capacidades por su uso, entendiéndose como desgaste normal que pierdan capacidad sobre todo en el caso de las baterías recargables, dependiendo esta en gran medida de infinidad de factores externos (horas de uso, ciclos de carga y descarga, uso de cargadores inapropiados, temperaturas de uso, no respetar los tiempos recomendados de carga, etc.....)
Respecto al BT: 2.4 GHz / Potencia máxima RF emitida < 100 mW
Precaución
- El Smart watch no es sumergible
- No exponga el smart watch a temperaturas extremas, las baterías podrían explotar.

Garantía

NOTA: El SMART WATCH SW/52 tiene 1 años de garantía desde la fecha de compra. Especial trascendencia en la durabilidad de los productos tienen los elementos que lo componen y que sufren de degradación perdida de capacidades por su uso, entendiéndose como desgaste normal que pierdan capacidad sobre todo en el caso de las baterías recargables, dependiendo esta en gran medida de

lesiones.
Carga: Carga al Smart Watch con el cable de carga y un adaptador de corriente o un ordenador, carga el dispositivo exclusivamente con un adaptador que cumpla los estándares de seguridad nacionales, internacionales y regionales pertinentes. Es posible que otros adaptadores no cumplan los estándares de seguridad aplicables y su uso para cargar el Smart Watch podría conllevar el riesgo de lesión o muerte.
Utilizar cables o cargadores dañados, o cargar el dispositivo si están húmedos, puede provocar incendios, descargas eléctricas, lesiones o daños en el estuche o en otras pertenencias.
Exposición prolongada al calor: Evita el contacto prolongado de la piel con el dispositivo, el adaptador de la red con el dispositivo, el adaptador de corriente, el cable de carga y su conector o el cargador inalámbrico cuando este conectado a una fuente de alimentación, ya que puede causar molestias o lesiones.
Peligro de asfixia: El Smart Watch y las piezas pequeñas incluidas pueden representar un peligro de asfixia para los niños pequeños o causarles otro tipo de lesiones. Mantenlos siempre fuera del alcance de los niños.
Interferencias con los dispositivos médicos: El Smart Watch y el cargador contienen componentes y radios que emiten campos electromagnéticos.
Estos campos electromagnéticos e imanes que el dispositivo puedera interferir con el funcionamiento de pacemaker, desfibriladores u otros dispositivos médicos.
Mantenga una distancia segura entre el dispositivo médico y el Smart Watch. Solicite información específica sobre el dispositivo médico al fabricante y al su médico. Pare de usar o Smart Watch si sospechas que interfieren con tu marcapasos, desfibrilador o cualquier otro dispositivo médico.
Irritaciones cutáneas: El Smart Watch puede producir irritación cutánea si no se limpia adecuadamente.
Limpia regularmente el Smart Watch con un paño suave que no desprenda pelusa.
En caso de algún tipo de reacción cutánea, deja de utilizar el Smart Watch.
Si el problema persiste, consulta con tu médico.

Descargas electrostáticas: Al utilizar el Smart Watch en zonas donde el aire es muy seco, es fácil acumular electricidad estática, por lo que es posible que notes en la muñeca una pequeña descarga electrostática procedente del Smart Watch.
Para minimizar este riesgo, evita utilizar el Smart Watch en entornos extremadamente secos, o toca un objeto metálico sin pintar y con conexión a tierra antes de ponerte el Smart Watch.
Información de manejo importante:
La decoloración del conector y de la parte inferior de el Smart Watch tras un uso continuado se considera normal. La suciedad, los residuos y la exposición a humedades pueden provocar la decoloración.
Declaración de conformidad
Por medio de la presente INNOVA CELULAR declara que el Smart Watch FS2 (SW/52) cumple con los requisitos esenciales y cualesquiera otras disposiciones aplicables o exigibles de las Directivas 2014/53/EU y RoHS 2011/65/EU anexo II (EU) 2015/863. Para ver la declaración de conformidad UE, puede acceder a través del siguiente link:
https://www.innovacelular.com/descargas/declaracion/declaracion_sw-52.pdf

ENGLISH

Recommendations for people with sensitive skin during use of electronic wrist devices, Smartwatch and Smartband.
The materials used for our Smartwatches and Smartbands are selected following a rigorous control of hypoallergenic measures, as well as guaranteeing that all materials comply with current regulations for materials in contact with the skin.
A small number of people, however, may experience some type of skin reaction.
If you suspect, or know, that you are allergic or have an above average sensitive skin type, you should monitor the use of these devices for any type of reaction due to said allergies, environmental factors or prolonged exposure to irritants, like soap, sweat, or other causes. Smartwatches and Smartbands may contain materials such as nickel and acrylates which, even though they are within the permitted amounts in the manufacturing process, may cause skin to react if you are sensitive to them.
If you use these devices for a prolonged period of time, you may be more susceptible to developing skin sensitivities. To avoid possible skin irritations we recommend you do not expose the device to chemicals or use it if your skin has, or has been recently applied with, any of the products listed below:
• Insect repellents
• Moisturizing creams and lotions
• Oils
• Perfumes
• Antiseptic gels
• Soaps
• Sun protection creams
It is recommended that the devices are used when the skin is completely dry and free of any of the aforementioned products to avoid having changing contacts and measurement sensors in contact with wet skin. They are not submersible or waterproof.
Clean the device thoroughly to remove sweat after training and allow it to dry.
Prolonged exposures to moisture can cause skin irritation.
It is also advisable not to wear these devices too tight or too loose.

Intrusive sensors
Wear the Smart Watch on the wrist, not too tight nor too loose.
Clean the sensors after each use.
Do not use the Smart Band if it is damaged.
Batteries: Do not try to replace the battery of the Smart Watch by yourself, as you could damage the Smart Watch and cause overheating and injury.
Charger: Charge the Smart Watch with the charging cable and a power adaptor or a computer, charge the device only with an adapter that meets relevant national, official performance, or cause damage if standards.
Chargers may not meet applicable safety standards and their use to charge the Smart Watch may present the risk of injury or death. Only damaged cables or chargers, or charging the device if they are wet, may cause fire, electric shock, injury, or damage to the case or other belongings.
Prolonged exposure to heat: Avoid prolonged skin contact with the device, power adaptor, charging cable and its connector, or the wireless charger when connected to a power source, as this may cause discomfort or injury.
Choking hazard: The Smart Watch and the small parts included may present a choking hazard to small children or cause other injuries. Always keep them out of the reach of children.
Interference with medical devices:
The Smart Watch and charger contain components and radios that emit electromagnetic fields.
These electromagnetic fields and magnets that the device may contain may interfere with the operation of pacemakers, defibrillators, or other medical devices.
Keep a safe distance between the medical device and the Smart Watch.
Request specific information about the medical device from the manufacturer and your doctor. Stop using the Smart Watch if you suspect it is interfering with your pacemaker, defibrillator, or other medical device.

Skin irritations: The Smart Watch can cause skin irritation if not cleaned properly.
Regularly clean the Smart Watch with a soft, lint-free cloth.
In the event of any type of skin reaction, stop using the Smart Watch.
If the problem persists, see your doctor.
Electrostatic discharges: When using the Smart Watch in areas where the air is very dry, it is easy to accumulate static electricity, so you may feel a small electrostatic discharge from the Smart Watch on your wrist.
To minimize this risk, avoid using the Smart Watch in extremely dry environments, or touch a grounded, unpainted metal object before putting on the Smart Watch.
Important Driving Information:
Discoloration of the connector and the bottom of the Smart Watch after continued use is normal and harmless.
Dirt, debris, and exposure to moisture could cause discoloration.

PORTUGUÊS

Obrigado por utilizar o nosso Smart Watch.
Importante! Os dados fornecidos pelo Smart Watch tais como, frequência cardíaca, oxigénio no sangue e pressão arterial, são meramente indicativos.
Não é um dispositivo médico nem de medição exacta.
Mesmo que se sinta bem, visite o seu médico regularmente e atenda a todas as consultas que este ache necessárias.
Antes de usar o Smart Watch, leia o manual do utilizador com atenção.
Recomendações para o uso de dispositivos electrónicos de pulso, Smartwatch e Smartband para pessoas com pele sensível.
Os materiais dos nossos dispositivos, Smart Watch e Smartband são seleccionados seguindo um rigoroso controlo de medidas hipoalergénicas, além de garantir que todos seguem as normas vigentes para materiais que estão em contacto com a pele.
No entanto, é possível que um pequeno número de pessoas possa apresentar algum tipo de reacção cutânea.
Se suspeita ou sabe que é alérgico ou tem um tipo de pele mais sensível do que o normal, deve ter especial atenção com o uso destes dispositivos caso haja algum tipo de reacção alérgica. Factores ambientais, exposição prolongada a substâncias irritantes tais como, sabonetes e detergentes, suor e/ou outras causas, podem aumentar o risco de alergia ao uso o dispositivo.
Smartwatches e smartbands podem conter materiais como níquel e acrilatos, que, embora estejam em quantidades permitidas no processo de fabricação, o utilizador pode sofrer algum tipo de reação cutânea caso seja sensível a eles.
Ao utilizar estes tipos de dispositivos por um tempo prolongado, ficará mais susceptível a desenvolver sensibilidades na pele com passar do tempo.
Para evitar possíveis irritações na pele, recomendamos que não exponha o dispositivo a produtos químicos e não o use se a sua pele estiver com contacto com algum dos produtos abaixo mencionados:
• Repelentes de insectos
• Cremes e loções hidratantes
• Óleos
• Perfumes
• Géis anti-sépticos
• Sabonetes
• Cremes de protecção solar
Recomenda-se a utilização dos aparelhos com a pele totalmente seca e isenta de qualquer um dos produtos citados anteriormente, evitando assim que os conectores de carga e sensores de medição entrem em contacto com estes. Uma vez que o dispositivo não é à prova de água, não recomendamos a sua utilização com a pele húmida ou molhada, preservando assim a sua vida útil.
Recomendamos vivamente que limpe muito bem o dispositivo logo após o treino e deixe-o secar completamente para remover resíduos de suor.
A exposição prolongada à humidade, pode causar irritação na pele e deteriorar os componentes do dispositivo.
Não deve usar a brasileira de dispositivo muito apertada ao pulso nem muito solta, evitando assim a irritação cutânea e o atrito.
O recomendável é utilizar a brasileira do relógio o mais confortável possível, não muito apertada nem muito solta, permitindo que se possa mover ligeiramente para a frente e para trás no pulso.
Se marcar o Smart Watch por muito tempo no pulso, remova-o para dar um pouco de descanso à pele, evitando a irritação por uso prolongado. O dispositivo pode ser utilizado em qualquer dos dois pulsos.
Se notar vermelhidão, inchaço, comichão e ou outra irritação, remova o relógio imediatamente e consulte o seu médico antes de voltar a utilizar o dispositivo.
Cuidados especiais que devem ser levados em conta ao utilizar estes dispositivos em locais de humidade relativamente baixa
Ao usar o Smart Watch em locais com baixa humidade (por ex. locais secos, mal ventilados, condições atmosféricas de baixa humidade, ar seco em ambientes fechados com a utilização de aquecimento e ou ar condicionado, etc. ...) podem afectar qualquer dispositivo electrónico com cargas de electricidade eletrostática (acontecimentos raros, mas que podem ocasionar), causando danos no dispositivo e por sua vez ao utilizador, que o tem em seu naquele momento.
A electricidade estática está em toda a parte, ao nosso redor sem mesmo a percebermos.
Recomendações para evitar uma alta percentagem de electricidade estática em casa:
• Tenha um humidificador em casa. A humidade é um bom condutor de eletricidade, portanto, ao manter uma percentagem razoável de humidade no ar, evitaremos possíveis danos no dispositivo e por sua vez, com outros cantos de casa onde temos objectos de metal. Colocar pequenos recipientes com água em cima dos radiadores são também outra solução alternativa.
A utilização destes dispositivos na cama durante o sono, em crianças e idosos, é fortemente desaconselhada, pois possuem um sono mais agitado, o que por sua vez pode causar atrito nos lençóis, cobertores, etc ..., resultando numa carga eletrostática e/ou na descarga repentina da bateria do relógio, devido ao seu sobreaquecimento, pois o corpo humano é um elemento condutor. Estes acontecimentos podem provocar vermelhidão, inchaço, etc ..., em pessoas com pele sensível.
Se notar a pele avermelhada, inchada, com comichão e/ou outra irritação, remova o Smart Watch imediatamente e consulte o seu médico antes de usar o dispositivo novamente.
Bem-vindo e obrigado por utilizar nosso Smart Watch. Leia este manual cuidadosamente para um uso correcto do dispositivo.
Manutenção do Smart Watch
Lembre-se destas dicas ao realizar a manutenção do seu Smart Watch:
- Limpe o Smart Watch regularmente, especialmente a sua parte interna (a que fica em constante contacto com a pele) e mantenha-o seco.
- Ajuste a brasileira do Smart Watch para garantir a circulação de ar.
- Não deve exceder no uso de productos para a pele, tais como, cremes e óleos, para não danificar o relógio.
- Pare de usar o dispositivo em caso de alergia, comichão, vermelhidão ou outro qualquer desconforto.
Download da aplicação
1. Descarregue a aplicação em Apple Store ou Google play e instale-a. Também pode ler o código QR com o seu telemóvel para a instalar.

APP / APK: FILA S-WATCH

2. Ligue o seu relógio inteligente ao seu telemóvel:
Não emparelhe o Smart Watch ao bluetooth do seu telemóvel